


# DNA JUDO OPEN NEWAZA CHAMPIONSHIPS

Judoka aged 8 and above.  
BJA Level 1 Catch Weight Event



<b>Organisation:</b>	<p style="text-align: center;"><b>DNA Judo Ltd.</b></p> <p>Tel: +44 7804819203    <b>E-mail:</b> <a href="mailto:Danny@dnajudo.co.uk">Danny@dnajudo.co.uk</a>    <b>Website:</b> <a href="http://www.dnajudo.co.uk">www.dnajudo.co.uk</a></p>
<b>Venue:</b>	DNA - Craven Judo Academy, The i Centre, Back Gate, Ingleton, North Yorkshire, LA6 3BT
<b>Date:</b>	<b>Saturday 19th October 2024 - 9am Start.</b>
<b>How to Enter:</b>	<p>Entry fee for this event is £20</p> <p>Submit your entry for this event by visiting: <a href="https://rb.gy/cd5hel">https://rb.gy/cd5hel</a> or scan the QR Code:</p> <div style="text-align: right;">  </div> <p>Please note we will be running our DNA Judo Open No-Gi Championships for judoka aged 14 &amp; above in the afternoon after this event to find out more visit; <a href="http://www.dnajudo.co.uk/ourevents">http://www.dnajudo.co.uk/ourevents</a></p>
<b>Participation:</b>	<p>This event is open to all players aged 8 years of age and above. We have a strict limit of 75 competitors for this event. Closing Date for entries is Wednesday 16th October 2024.</p> <p>Registration &amp; Weigh in times will be available via email to entrants as well as being posted on our social media channels @DNAjudo on Instagram &amp; <a href="http://www.facebook.com/dnajudo">www.facebook.com/dnajudo</a> on Monday 14th October with our first weigh in scheduled for 9am.</p> <p>All competitors <b>MUST</b> bring their <b>VALID</b> digital or physical judo license (BJA or affiliate) to registration. Fighters should bring their record book or have access to the British Judo App to evidence that they are at the grade in which they are entered.</p> <p>All players will be weighed in Judogi pants &amp; t-shirt</p>



<b>Categories:</b>	<p>This tournament is split into two age categories Event 1 - fighters aged 8-13 years old (No armlocks or strangles) &amp; Event 2 - fighters aged 14 years and above (arm locks &amp; strangles permitted)</p> <p>Across all the age categories players will be put into pools of 3, 4, 5 or 6 based upon their age, grade, weight &amp; competition experience with the aim to create meaningful contests and provide fighters with as much contest time as possible.</p> <p>As tournament organiser and with the agreement of the players &amp; their coaches we reserve the right to combine the categories where necessary to provide our participants with meaningful contests.</p> <p>This tournament aims to provide players with as much mat time as possible allowing them to gain more experience of competitive judo. All fighters receive a medal.</p>
<b>Basic Rules:</b>	<p>This Judo Ne-waza competition will be staged using the rules 1-5 set out by the IJF &amp; European Judo Union; you can find a full explanation of these rules here: <a href="https://bit.ly/NewazaRules">https://bit.ly/NewazaRules</a></p> <p>Below we have put a few of the key points.</p> <ol style="list-style-type: none"> <li>1. <b>What is deemed Newaza</b> - A minimum of one knee (or equivalent) must remain on the tatami at all times. If a technique requires momentary simultaneous removal of both knees from the tatami onto both feet, then it is left to the referee's discretion to determine if in his/her opinion this is a legitimate removal of both knees from the tatami. If a player stands up illegitimately, they will be given shido.</li> <li>2. <b>Mat Etiquette;</b> <ol style="list-style-type: none"> <li>a. <b>Entering the tatami:</b> When their names are announced the contestants will Rei onto the mat. Then when the referee beckons them forward, they will walk to the middle of the side edge of mat and Tachi-rei (standing bow) to each other.</li> <li>b. <b>Starting &amp; Restarting the Contest:</b> When the referee is sure the table officials are ready, s/he will invite the competitors to middle of mat, when they are 1 metre apart, they will kneel down on their left knee and right knee up with foot flat and take a right handed collar &amp; sleeve grip on one another. Hajime will indicate the start/restart of the contest.</li> <li>c. <b>Termination of fight:</b> Either by the referee's call of Ippon, and/or Sore-made both competitors will stand and tidy themselves up and return the standing start positions. The Referee will indicate the winner as shown by the scores on the scoreboard &amp; players will leave the mat in the traditional fashion. (If no score is shown on the scoreboard or if the scores are equal then Newaza golden score will occur; see below.</li> </ol> </li> <li>3. <b>Matte;</b> If competitors become locked together with no one appearing to be able to gain an advantage then Matte should be called. The competitors are brought back to the centre of the mat.</li> </ol>

	<p>4. <b>How to win a Newaza contest.</b></p> <ul style="list-style-type: none"> <li>a. <b>Osaekomi is allowed in both events.</b> 20 Secs = Ippon, 10-19 Secs = Waza-ari.</li> <li>b. <b>Shimewaza (Strangles) &amp; Kansetsuwaza (Arm Locks) are only allowed in Event 2 - Senior (14+ Years Old).</b> Submission = Ippon.</li> <li>c. <b>Tachiwaza Escape</b> - As well a Submission being awarded Ippon to the attacking player; if a fighter attempts to stand up or to leave the allotted mat area to escape shimewaza or kansetsuwaza Ippon will be awarded.</li> <li>d. <b>Hansokumake</b> - Direct or accumulation of 3 shidos.</li> <li>e. <b>Newaza Golden Score</b> - see below.</li> </ul> <p>5. In <b>Newaza Golden Score</b> fighters will take it in turns to hold one another down in a recognised kodokan hold down technique.</p> <ul style="list-style-type: none"> <li>a. The player in white will start with their hold down applied on blue before blue has their turn at holding down white.</li> <li>b. The player with the best score will win the contest. For example if white holds blue down for wazari (10-19 second hold down) but Blue then holds white down for the full 20 seconds; blue would win the contest.</li> <li>c. If after each player has a turn both the scores are equal i.e white holds blue for Ippon and blue holds white for Ippon, a second round of hold downs will begin.</li> <li>d. Players must choose a different kodokan hold down for each round of golden score.</li> </ul>
<b>Coaches:</b>	Coaches will be allowed mat side throughout the weekend, please bring your valid coaching pass with you.
<b>Kano Cafe:</b>	We will again be running our Kano Cafe on the day which will be ran by our awesome team of DNA Judo volunteers to help increase funds for our club to help improve the experience of our members. Revenue generated from this event will help us to continue to develop the sport of judo across all of our DNA Judo Academies. We would again appreciate your support by spending your money at our cafe rather than bringing food / drink with you.
<b>Venue Directions:</b>	Here is the google maps link to our venue; DNA - Craven Judo Academy, The i Centre, Back Gate, Ingleton, North Yorkshire LA6 3BT <a href="https://maps.app.google.com/pu5hu2WFOJTSR8ZO8?g_st=com.google.maps.preview.copy">https://maps.app.google.com/pu5hu2WFOJTSR8ZO8?g_st=com.google.maps.preview.copy</a>

