

NORTH KEIZOKU 2024



- 🏆 KICKSTART YOUR JUDO JOURNEY
- 🏆 MAKE NEW FRIENDS IN THE SPORT
- 🏆 A FUN AND FRIENDLY ENVIRONMENT
- 🏆 NEW TIMINGS FOR MORE MAT TIME
- 🏆 TAILORED TO DEVELOPING JUDOKA
- 🏆 MOTIVATING CHALLENGES

Date
7TH SEPTEMBER

Ages
5-12

Admission
£25

What to expect

- ✓ SUPERVISED RANDORI
- ✓ FUN ACTIVITIES
- ✓ RELEVANT SUPPORT PROVIDED ALONG THE WAY
- ✓ PHYSICAL AND BEHAVIOURAL CHALLENGES
- ✓ TAILORED TO DEVELOPING JUDOKA
- ✓ MOTIVATING CHALLENGES

Invergordon Leisure Centre

Academy Road INVERGORDON
Invergordon, IV18 0LB

Sign up via our website:

Judoscotland.com

More Information

0131 333 2981 www.judoscotland.com

Event Type:

- A developmental event for Judoka with limited event experience, which is age and stage appropriate

Venue:

- Invergordon Leisure Centre, Academy Road, Invergordon, IN18 0LB

Date:

- Saturday 7th September 2024

Closing Date:

- 30th August 12.00 (Noon)
- JudoScotland are trying to provide opportunities for as many members as possible, but the entry may have to close early if the event gets so busy that the event experience may be affected.

Entry Fee:

- £25.00
 - Entry can be made via <https://judoscotland.com/>

Age Bands:

- 5, 6, & 7 years
- 8, 9, & 10 years
- 11 & 12 years

Weight Categories:

We are looking to put trust and responsibility to the child's guardians to weigh and enter your child's weight correctly.
Spot checks will be done on the day of event.

- Please weigh your child at home and enter your child weight in kilograms when you enter online.

Registration Time :

- 5, 6, & 7 years on the day of event: 9.30-9.40am
- 8, 9, & 10 years on the day of event: 11.30-11.40am
- 11 & 12 years on the day of event: 1.30-1.40pm

Format:

- Judoka will be grouped with in their age and weight

- Judoka will be split into groups and allocated a colour and a mat to register at.
- As well as time on the mat, developing their technical judo ability, judoka will also take part in the physical and behavioural challenges in line with [JudoScotland Player Development Framework](#).
- Pre event judoka (judo player) will receive a confirmation email
- On the day of event please change into your judo suit before registration at your allocated mat colour.
- Once changed please head to the allocated colour table to register.
- Once registered at allocated mat, the judoka will be given a colour sash which represents the allocated mat.
- All judoka will be guaranteed a designated mat time.
- Randori time will be 2 minutes per match.
- A minimum of 4 randori contest, which will be done as a group exercise.
- In between each randori section a judo specific activity will take place on the judoka allocated mat, so there is no need for players to leave their mat once event has started.
- Once all randori matches and activities have taken place, children will bow off and be given their exclusive prize bag.

What you need:

- All judoka must have a valid JudoScotland membership
- A Judogi (judo suit) is required for this event.
- A round neck white T-shirt to wear under your judo suit
- Suitable footwear to wear when off the mat.
- A filled water bottle.
- Keep up to date with event information by downloading [Telegram](#).

Reward and Recognition:

- All judoka will receive a certificate and an exclusive prize bag.
- Certificates and prizes will be given out once the group session has been completed.

Photography & Videography:

- Photography and video recording of activities may take place at this event; photographs may also be taken for promotional purposes including publication on websites and social media.
- By entering this event, you indicate your acceptance of these conditions and parents (in the absence of any expressed objection) provide their consent to taking and use of photos/videos.

General:

Using your personal information

- **We will use the information provided at time of booking so that we can:**
 - Process your entry or booking onto a course, event or competition and communicate with you in relation to your attendance at the event.
 - The full JudoScotland privacy notice can be viewed at: www.judoscotland.com.
 - The decision of the event organiser is final.
 - The event is run in line with JudoScotland/BJA child protection policy.
 - All information supplied will only be used for event organisation purposes.