



## Judo Specific First Aid & Safeguarding Course

Medway Park Judo Club will be hosting a 1 Day Judo Specific First Aid and Safeguarding Course on **Sunday 21**<sup>st</sup> **July 2024** at Medway Park Leisure Centre, Mill Road, Gillingham ME7 1HF.

The courses are suitable for coaches' initial qualification as well as meeting revalidation requirements. Volunteers or members from other martial arts are also welcome. The courses are taught by experienced trainers and judo coaches.



Each course is 3hrs in duration, with a 30 minute lunch break in between courses. Please bring your own packed lunch. Tea, coffee and biscuits will be supplied throughout the day. The centre is open from 8am until 4pm and there is also free all day parking on site providing you enter your vehicle registration into one of the terminals in the reception area on arrival.

Registration times: 08:45 (First Aid) / 12:15 (Safeguarding)
First Aid 09:15-12:15
Safeguarding 12:45-15:45

Each course is £35.00 or £50.00 if attending both courses, including certification valid for 3 years and course handouts.

Spaces are limited to 20 people on each course and your place will not be secured until payment via BACS has been received

Please note: spaces fill quickly on these courses so please contact us to check availability first, once availability has been confirmed BACS details will be provided to you)

For more information or to book your place on the course please contact:

Jon Sieloff/Lorraine Millen judo.jon@btinternet.com 07944 755036