



UNIVERSITY OF
WOLVERHAMPTON



Diploma in Sporting Excellence (DiSE) in Judo at the University of Wolverhampton

University of Wolverhampton DiSE Programme

The University of Wolverhampton deliver a bespoke Diploma in Sporting Excellence (DiSE) as one of the performance pathway centres for British Judo. The programme offers Judo athletes the opportunity to increase their training volume while studying for a vocational qualification that is recognised by UCAS.

The DiSE programme at Wolverhampton University Judo Club takes place at the Olympic and Paralympic National Training Centre alongside elite level athletes and coaches. The programme is unique in that we offer both an in person weekly training and learning environment as well as a camp based/remote model. Learners are required to attend either pre-arranged training camp/remote learning and mentoring sessions or weekly face to face sessions including; technical, randori and strength & conditioning alongside the academic delivery as part of the programme.



For more information please email: J.Austin@wlv.ac.uk



We will work with each fighter to determine which delivery method works best, the weekly attendance, a camp based model or a hybrid approach to ensure the best performance and learning outcomes are achieved. Expectations will be clearly defined and you will be supported throughout to achieve your learning and performance goals by our experienced coaching team, consisting of lead DiSE coach James Austin and Performance coach Fitzroy Davis.

James Austin

Lead DiSE Coach

Our DiSE programme offers a unique opportunity to experience what it is like to train at the National Performance Centre alongside the best fighters in the country including Olympic and Paralympic Medallists.

Training within the GB high performance programme environment and surrounded by world class staff and facilities. Not only this, we offer a wide range of University courses and a high performance training programme for anyone who wishes to continue studying and competing at the highest level on completion of their college course.



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Sian Bobrowska

2019 Bronze Medal (Paks European Cup and BJA Fighter)

'The DiSE programme at the University of Wolverhampton provided me the opportunity for a higher training volume with more experienced fighters which really developed my Judo and motivated me to become a better athlete. Being in this environment also provided me with an opportunity to progress from DiSE, through to university where I train and study for a degree in Sports Coaching.'



Kelly Petersen-Pollard

2019 European Junior Championships Gold Medalist and BJA Fighter

'The DiSE programme at the University gave me 1:1 technical sessions, additional randori and specialised strength & conditioning sessions which developed me as an athlete while on the programme. The DiSE programme also helped to balance my training and my academic studies which provided a seamless transition into University life, where I now study in Exercise and Health.'