

# Junior Nage-no-Kata

## Category 'B' (Age 12-15 Years)

### Examination Form



Candidate Name		Licence No:	
Tori or Uke (L4 only):		Expiry Date:	
Exam Venue:		Exam Date:	

<b>Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.</b>	<b>Maximum Marks =</b>
	<b>120</b>
	<b>Minimum Pass Mark =</b>
	<b>60</b>

ELEMENT		MARKS
<b>OPENING CEREMONY</b>		
<b>TE-WAZA</b>		<b>HAND TECHNIQUES</b>
1.	UKI-OTOSHI	FLOATING DROP
2.	SEOI-NAGE	BACK-CARRY THROW
3.	KATA-GURUMA	SHOULDER WHEEL
<b>KOSHI-WAZA</b>		<b>HIP TECHNIQUES</b>
4.	UKI-GOSHI	FLOATING HIP THROW
5.	HARAI-GOSHI	SWEEPING HIP THROW
6.	TSURIKOMI-GOSHI	LIFTING-PULLING HIP THROW
<b>ASHI-WAZA</b>		<b>FOOT &amp; LEG TECHNIQUES</b>
7.	OKURI-ASHI-BARAI	SLIDING FOOT SWEEP
8.	SASAE-TSURIKOMI-ASHI	PROPPING-DRAWING ANKLE THROW
9.	UCHI-MATA	INNER THIGH THROW
<b>MA-SUTEMI-WAZA</b>		<b>SUPINE SACRIFICE TECHNIQUES</b>
10.	TOMOE-NAGE	CIRCLE THROW
11.	URA-NAGE	REAR THROW
12.	SUMI-GAESHI	CORNER REVERSAL THROW
<b>YOKO-SUTEMI-WAZA</b>		<b>SIDE SACRIFICE TECHNIQUES</b>
13.	YOKO-GAKE	SIDE HOOK
14.	YOKO-GURUMA	SIDE WHEEL
15.	UKI-WAZA	FLOATING TECHNIQUE
<b>CLOSING CEREMONY</b>		
<b>OVERALL FLOW</b>		
		<b>Total Marks:</b>

<b>Examiners Name:</b>	<b>Licence Number:</b>
<b>Examiners Signature:</b>	<b>Licence Expiry Date:</b>

Return Completed Sheet to the Kata Registrar at  
 British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD