

Junior Nage-no-Kata

Category 'A' (Under 12 Years)

Examination Form



Candidate Name		Licence No:	
Tori or Uke (L4 only):		Expiry Date:	
Exam Venue:		Exam Date:	

Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.	Maximum Marks =
	90
	Minimum Pass Mark =
	45

ELEMENT			MARKS
OPENING CEREMONY			
TE-WAZA			
HAND TECHNIQUES			
1.	UKI-OTOSHI	FLOATING DROP	
2.	SEOI-NAGE	BACK-CARRY THROW	
3.	KATA-GURUMA	SHOULDER WHEEL	
KOSHI-WAZA			
HIP TECHNIQUES			
4.	UKI-GOSHI	FLOATING HIP THROW	
5.	HARAI-GOSHI	SWEEPING HIP THROW	
6.	TSURIKOMI GOSHI	LIFTING-PULLING HIP THROW	
ASHI-WAZA			
FOOT & LEG TECHNIQUES			
7.	OKURI-ASHI-BARAI	SLIDING FOOT SWEEP	
8.	SASAE-TSURIKOMI-ASHI	PROPPING-DRAWING ANKLE THROW	
9.	UCHI-MATA	INNER THIGH THROW	
MA-SUTEMI-WAZA			
SUPINE SACRIFICE TECHNIQUES			
10.	TOMOE-NAGE	CIRCLE THROW	
11.	URA-NAGE	REAR THROW	
12.	SUMI-GAESHI	CORNER REVERSAL THROW	
YOKO-SUTEMI-WAZA			
SIDE SACRIFICE TECHNIQUES			
13.	YOKO-GAKE	SIDE HOOK	
14.	YOKO-GURUMA	SIDE WHEEL	
15.	UKI-WAZA	FLOATING TECHNIQUE	
CLOSING CEREMONY			
OVERALL FLOW			
Total Marks:			

Examiners Name:	Licence Number:
Examiners Signature:	Licence Expiry Date:

Return Completed Sheet to the Kata Registrar at
 British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD