# **GUIDE TO KATA FOR GRADING PURPOSES**



# CLARIFICATION: CERTIFICATES FOR PARTICIPATION AT REGISTERED BJA COACH EDUCATION LICENCED KATA COURSES

The Kata Commission's policy is that Kata Examinations may be undertaken on the day of a Kata Course or on a separate occasion. It is a BJA requirement that in order to provide a true reflection of retained knowledge and understanding candidates must have attended a relevant Kata Course at least 1 month prior to the exam or have carried out an equivalent amount of practice and preparation.

Judoka that take part on the mat in a Kata Course, may be issued with an attendance/participation certificate.

**Judoka of 5<sup>th</sup> Dan and above** can add the certificates to their portfolio for promotion, as proof of Kata knowledge. However, Nage-no-Kata and Katame-no-Kata must have examination certificates NOT attendance certificates. Attendance certificates are acceptable for Kime-no-Kata, Kodokan Goshin-Jutsu, Koshiki-no-kata and Ju-no-kata. By virtue of earlier examinations, Senior Examiners, and all level of Kata Examiners, do not have to provide proof of knowledge for Nage-no-Kata and Katame-no-Kata. Note that the International Judo Federation requirements for Dan grade promotion DOES NOT presently include Itsutsu-no-Kata nor recognise Gonosen-no-Kata.

#### **Competitive Dan Grade promotion**

The attendance certificate does not exempt Competitive Dan grades from the Kata part of the Competitive Skills Examination, which was previously called 'Theory'. However, holders of a Level 1 Kata certificate, and above, are exempted.

### **Technical Dan Grade promotion**

The attendance certificate does not exempt Technical Dan grades from the Kata part of the Technical Dan grade examination. However, holders of a Level 1 and above Nage-no-Kata certificate are exempt from the Technical Dan Grade examination, section 7.

Similarly, holders of a Level 1 and above Katame-No-Kata certificate are exempt from the Technical Dan Grade Examination, section 8.

Section 9 Gonosen-no-Kata must be by examination or can be substituted by attendance, or performance certificates in Kime-no-Kata, Kodokan Goshin-Jutsu, Ju-no-Kata or Koshiki-no-Kata.

**Note.** Judoka preparing for a Technical Dan Grade examination may request an assessment to take place during a recognised BJA Kata course to establish if their Kata is of a sufficient standard for promotion. This request should be made to the course presenter in advance of the course to enable there to be a qualified assessor present (**Senior Examiner of one grade higher than the Judoka, or a Kata examiner of any grade**). If successful, the assessor will record a pass in the candidate's Technical Dan Grade record card and register the results at BJA Head Office using the correct documentation.

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