

## Introduction

Safety of all our members is paramount for British Judo especially for young children. Recently, some concerns have been raised about the application of Kata-san-gaku and its variants especially (but not exclusively) in young children.

Although this technique maybe suitable for the highly trained and highly conditioned athletes, without good control on the use of this technique at the development and intermediate levels British Judo members are at risk of serious injury. It is therefore deemed necessary by the Judo Commission to control its usage as follows:

### Current Situation in EJU / IJF Events:



Kata-san-gaku grip in tachi-waza is matte.

Kata-san-gaku grip in tachi-waza and throw is Hansokumake.



Kata-san-gaku grip in ne-waza is allowed.



When using Kata-san-gaku in ne-waza it is prohibited to block the opponents body movement with tori's leg(s) and must be matte, Hansokumake if followed through and deemed to be locking the neck.

### Judo Commission Directive for British Judo Events:

The Judo Commission after considering the safety implications of Kata-san-gaku have decided to prohibit the use of this technique in the following situations:

- All competitions for pre-Cadet and younger children.
- All competitions where there is the possibility of Judoka older than pre-Cadet being entered in the same category as pre-Cadet and under younger children (e.g. Under 16 events).
- All competitors graded lower than green belt (Junior and Senior).
- Event Levels 1-3 inclusive, exemption for “Cadet ranking events with categories containing all entrants of at least green belt.
- Practice sessions in clubs until at the earliest point in time the Judoka involved are within a predicted 6 months of the required age and grade stated above. Coaches are asked to control this by separating practicing groups from others.

The British Judo rule change is for matte / shido (as applicable) to be applied immediately the second hand moves into the pre application position, e.g., if one hand of Tori is over back of uke arm and under uke arm pit first, when the second-hand passes over opposite shoulder this will be the point of matte / Shido. In cases where it is too fast for the referee to interrupt and the technique is applied with either actual movement of uke or just significant pressure, this will be Hansokumake against the spirit of judo.

### Summary of Judo commission directive for Kata-san-gaku in **excluded** groups:



Kata-san-gaku grip in tachi-waza must be matte.  
Repeated Kata-sangaku grip in tachi-waza is shido.

Kata-san-gaku grip in tachi-waza and throw is direct  
Hansokumake against the spirit of judo, this includes an  
attempted but unsuccessful throw / significant pressure.



Kata-san-gaku grip in ne-waza is matte.  
Repeated Kata-san-gaku grip in ne-waza is shido

Ne-waza Kata-san-gaku grip and roll in any direction is direct Hansokumake  
against the spirit of judo

Ne-waza Kata-san-gaku grip and locking the neck or whilst controlling with  
the leg(s) is direct Hansokumake against the spirit of judo

**Summary of Judo commission directive for Kata-san-gaku in **included** groups:**



Kata-san-gaku grip in tachi-waza must be matte.  
Repeated Kata-san-gaku grip in tachi-waza is shido.

Kata-san-gaku grip in tachi-waza and throw is direct  
Hansokumake against the spirit of judo, this includes an  
attempted but unsuccessful throw / significant pressure.



Kata-san-gaku grip in ne-waza is satisfactory to continue

Ne-waza Kata-san-gaku grip and locking the neck or whilst controlling with  
the leg(s) is direct Hansokumake against the spirit of judo

**Accompanying video's show and explain the key points of this rule.**

Any questions should be directed through the NRC secretary.