



BJA Young Players Kata Awards

There are five awards which young players can gain by doing Nage-no-kata. Separate certificates are given for tori and for uke. Players may of course collect both certificates by performing the kata as both Tori and Uke. All that players need to do is learn and practice and get their coach to assess them. The coach then downloads the certificate from the BJA website, types in the player's names and whether they were Tori or Uke and presents the certificates.

BJA Young Kata Beginner Award

Requirement: Demonstration of EITHER set 2 or set 3 of Nage-no-kata. No opening or closing etiquette, but all techniques to be done right and left with joseki in the appropriate position (i.e. to Tori's left at the start).
Assessment: any BJA Level 2 Coach or above can assess.

BJA Young Kata Intermediate Award

Requirement: Demonstration of BOTH set 2 and set 3 of Nage-no-kata, including opening and closing etiquette and tidying up between sets.
Assessment: any BJA Level 2 Coach or above can assess.

BJA Young Kata Advanced Award

Requirement: Demonstration of sets 1, 2 and 3 of Nage-no-kata, including opening and closing etiquette and tidying up between sets. A higher standard is now required.
Assessment: any BJA Kata Examiner, Senior Examiner or Level 3 Coach or above can assess.

BJA Young Kata Expert Award

Requirement: Demonstration of full Nage-no-kata, including opening and closing etiquette and tidying up between sets. Same standard as Advanced Award is required.
Assessment: any BJA Kata Examiner, Senior Examiner or Level 3 Coach or above can assess.

BJA Young Atemiwaza Award

Requirement: Demonstration of the four techniques in Nage-no-kata from blows (Seoinage, Uki-goshi, Ura-nage and Yoko-guruma). Opening and closing etiquette is included, also tidying up after the four techniques, which should be treated as a single set.
Assessment: any BJA Level 2 Coach or above can assess.

BRITISH JUDO ASSOCIATION

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Coaches and Examiners: How to Assess and Award

Beginner, Intermediate and Atemiwaza Awards

1. The techniques should be **effective**. The quality should be similar to that required for grading theory at around yellow belt level for the beginner award and orange belt level for intermediate and atemiwaza awards.
2. The standard should follow the Kodokan video standard.

Advanced and Expert Awards

These should be of similar standard to Club Level Kata Certificates.

Administration

A downloadable certificate is available from the [Kata Resources page](#). The name of the player can be inserted, then simply print off and present to the player. Please send the player's name to Andrew Haffner (andrewhaffner@btinternet.com) to be added to the achievement register. There is no BJA fee; coaches may wish to charge a small fee to cover printing costs.

Note: the certificates can be edited, so that the coach just goes to the appropriate page and enters the names of the player and whether they were Tori or Uke and then prints off the certificate.

The first four certificates are meant to be progressive, in that players start with the first and then go on to the others. However, players could come in at a higher start point rather than go through each award, if that was preferred.

The fifth is intended as a stand-alone award to stimulate interest in this aspect of the kata.

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