English Pre Cadet, Cadet and Junior Open

5th and 6th March 2022



Organiser Details:	Eastern Area
Organiser Details.	Denise Oates
	Email: <u>denisemargaretoates@gmail.com</u>
Venue Address:	
venue Address.	Breckland Leisure Centre,
	Croxton Road,
	Thetford,
	IP24 IJD
Key Event Dates:	Entry Opens: 1 st December 2021
	Online Entry Only
	Entry Close: Monday 21st February 2022
	Competition:
	- Cadets – Saturday 5 th March 2022
	- Pre Cadets and Juniors – Sunday 6 th March 2022
Participation Criteria:	Competitors must hold current BJA or affiliate membership.
	All competitors MUST bring their VALID judo membership
	card to registration along with their record book which shows
	they meet the minimum grade.
Age Bands and	Pre Cadets:
Weight Categories:	Year of birth: 2008 or 2009
	Minimum grade: 7th Mon
	Contest duration: All contests will be 3 minute duration.
	Shime-waza and Kansetsu-waza are not permitted in all
	categories for Pre Cadets.
	categories for Fre Cadets.
	Pre-Cadet Male: -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -
	60kg, -66kg, +66kg
	Pre-Cadet Female: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -
	57kg, -63kg, +63kg
	Conductor
	Cadets:
	Year of birth: 2005, 2006 or 2007
	Minimum grade: 9th Mon
	Contest duration: All contests will be 4 minute duration.
	Cadet Male: -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -
	90kg, +90Kg
	Cadet Female: -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg
	Juniors:
	Year of birth: 2002, 2003, 2004, 2005, 2006 or 2007
	Minimum grade: 12th Mon
	Contest duration: All contests will be 4 minute duration.
	Junior Male: -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, -100kg,
	+100kg





	Junior Female: -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg
Registration and Weigh Ins:	Pre Cadet Male: Sunday 6 th March 08:30-09:15 Pre Cadet Female: Sunday 6 th March 09:30-10:00
	Cadet Male: Saturday 5 th March 08:30-09:15 Cadet Female: Saturday 5 th March 11:00-12:00
	Junior Male: Sunday 6 th March 12:00-12:30 Junior Female: Sunday 6 th March 12:30-13:00
	Please note: Test scales will be available at registration (where the organisers must be notified of any weight category changes).
Competition Format, Rules and Judogi Rules:	The intended method of elimination for this event will be Compound Knockout with double Repechage for 8 players or more, 7 players or less will be pools.
	Contest times will be 3 minutes for Pre Cadets. Contest times will be 4 minutes for Cadets and Juniors.
	 IJF Rules will be in operation. Please note the following: No 30 second rule Judogi measurements as per 2017 IJF rules. 2017 IJF Red label judogi rules or the requirement to wear judogi of specific suppliers will not be rules at this competition.
	 The English Championships will be strictly adhering to the mat side coaching rule in all categories. In the following way: Coaches in the official mat side position can only advise the athlete during the mate-hajime period and NOT while the contest is in progress. Should any mat side coach not adhere to this guideline they will firstly be reminded of this rule by the referee and on receiving the second reminder in the same contest will need to remove themselves to the general public area for the rest of the event on that day. Other personnel who insist on shouting coaching points will also need to remove themselves to the general public seating area.





	The wearing of white & blue judogi is NOT COMPULSORY for this event, but any player wearing a blue suit must also have a white suit.
	Medals will be presented after all final contests have been completed.
	This Tournament qualifies for points scoring for promotion
	purposes.
Seeding:	Will be taken from the current GB ID list
Entry Fee:	£25 per person
Photography/ Filming:	By entering the event, all participants and parents or guardians of participants are consenting to photography/filming which may be taken by the BJA or an
	official BJA contractor at the event. You also accept that these photographs or video may be used in future BJA publications or published by the contractors. If you wish to opt-out of the above please contact denisemargaretoates@gmail.com
Spectator Tickets:	FREE
Coaching Passes:	Coaches MUST produce a VALID BJA Coach Award card in person in order to be eligible for the following: To gain mat side access with their player (Only one coach per player will be permitted at any one time).
ENTRY FEES ARE NOT REFUNDABLE UNDER ANY CIRCUMSTANCES (including injury).	
PARTICIPATION IN THE TOURNAMENT WILL NOT BE ALLOWED IF THE TOURNAMENT ENTRY FEE HAS NOT BEEN RECEIVED.	
ONLINE ENTRIES ONLY.	
Queries regarding online entries should be sent to: <u>events@britishjudo.org.uk</u>	