

RETURN TO PLAY ROADMAP

**8th
March
2021**

**29th
March
2021**

**12th
April
2021**

**17th
May
2021**

**19th July
2021**

**No earlier
than 31st
July 2021**

**Step
One
(A)**

**Step
One
(B)**

**Step
Two**

**Step
Three**

**Step
Four**

**Step
Five**

No judo activity

- Outdoor exercise only,
- U18s: Organised outdoor contact sport
- Over 18s: Organised outdoor non-contact sport
- Disability Permitted indoor and outdoor, exempt from restrictions
- Minimise travel, however, travel for sport and exercise is permitted

- Under 18s: Organised indoor full-contact sport
- Over 18s: Organised outdoor non-contact training (1:15 ratio) and indoor non-contact sport (same household/1:1)
- See rules on bubble restrictions for participants and coaches
- Disability Permitted indoor and outdoor, exempt from restrictions
- Minimise travel, however, travel for sport and exercise is permitted

- Under 18s: Organised indoor full-contact sport
- Over 18s: Organised indoor non-contact training
- Disability Permitted indoor and outdoor, exempt from restrictions
- Car sharing now permitted
- Spectators now permitted indoor and outdoor. (maximum groups of 30 outdoors and groups of six/two households indoor)

- Full contact judo allowed for adults and under 18's.
- No legal restrictions indoors or outdoors for participants or spectator numbers.
- No capacity caps for club sessions or events
- No travel restrictions
- Facemasks no longer legal requirements, however, consider face masks in confined space.
- QR Codes no longer legally require, however, clubs/event organisers are still encouraged to display and use these as it supports test & trace and self-isolation which remains.

Recommended start of coaching, technical education courses and competition programmes

All dates are provisional and subject to change