

BRITISH  
JUDO



# Clean Judo Curriculum

Education delivered through Home Nation programmes,  
the GB World Class Performance Programme, BJA and  
UKAD.

2021-2025

# Clean Judo Curriculum - Fighters

Unit	Topic Name	Club	Home Nation Cadet	Home Nation Junior	WCPP Junior	WCPP Senior
Governance	Global Anti-Doping and National Governance		1	1	2	3
Good Practice in Anti- Doping	Principles of 100%ME- linked to GB Judo Way	1	2	3	3	3
	The Prohibited List	1	1	2	3	3
	Checking Medications	1	1	2	3	3
	Therapeutic Use Exemptions	1	1	2	3	3
	Food First/ Supplements	1	1	2	3	3
	Report Doping in Sport	1	1	2	3	3
Preparations and Procedures for Testing Fighters	Testing Procedures for Blood and Urine		1	2	3	3
	Testing Pools			1	2	3
	Whereabouts Requirements			1	2	3
	ADAMS			1	2	3
	Athlete Biological Passports				1	1
Consequences of ADRVs and Doping	Results management Process			1	2	3
	Antidoping Rule Violations and Sanctions		1	2	3	3
	Consequences of Doping		1	2	3	3
Societal Factors	Image and Performance Enhancing Drugs/ Intravenous Infusion		1	2	2	3
	Psychoactive Drugs		1	2	2	3

<b>1</b>	<b>2</b>	<b>3</b>
<b>The Athlete is aware of...</b>	<b>The athlete knows about...</b>	<b>The Athlete understands...</b>

# Clean Judo Curriculum - Staff

Unit	Topic Name	Parent/Care r	CWO	Club coach	GB/HN Support staff (Clean Sport Advisor)	GB/HN Coach (Coach Clean)
Governance	Global Anti-Doping and National Governance			1	3	3
Good Practice in Anti- Doping	Principles of 100%ME- linked to GB Judo Way	1	1	1	3	3
	The Prohibited List	1	1	1	3	3
	Checking Medications	1	1	1	3	3
	Therapeutic Use Exemptions	1	1	1	3	3
	Food First/ Supplements	1	1	1	3	3
	Report Doping in Sport	1	1	1	3	3
Preparations and Procedures for Testing Fighters	Testing Procedures for Blood and Urine			1	3	3
	Testing Pools				3	3
	Whereabouts Requirements				3	3
	ADAMS				3	3
	Athlete Biological Passports				1	1
Consequences of ADRVs and Doping	Results management Process				3	3
	Antidoping Rule Violations and Sanctions			1	3	3
	Consequences of Doping			1	3	3
Societal Factors	Image and Performance Enhancing Drugs/ Intravenous Infusion				3	3
	Psychoactive Drugs				3	3

<b>1</b>	<b>2</b>	<b>3</b>
<b>Is aware of...</b>	<b>Knows about...</b>	<b>Understands...</b>