

RETURN TO PLAY ROADMAP

Indoor Facilities **OPEN**

As of 12th April 2021

UNDER 18s

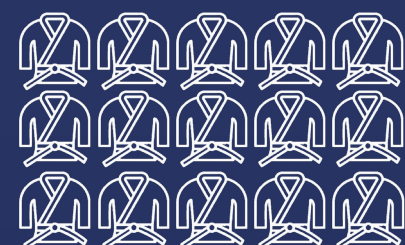
OVER 18s



FULL CONTACT
permitted for up
to 15 people
indoors



MINIMISE
travel outside
your area for
sport



15:1
Coach/
athlete
ratio



NO
spectators



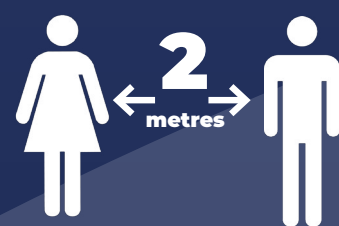
Organised **INDOOR**
non-contact
training (same
household/1:1)



MINIMISE
travel outside
your area for
sport



Organised **OUTDOOR**
non-contact
training
(15:1 ratio)



Must adhere to
SOCIAL DISTANCING
when not participating
i.e. during breaks, before
and after training



Adhere to
HYGIENE RULES
before and after
the session



Must adhere to
SOCIAL DISTANCING
when not participating
i.e. during breaks, before
and after training



Adhere to
HYGIENE RULES
before and after
the session