

RETURN TO PLAY ROADMAP

Outdoor Facilities **OPEN**

As of 29th March 2021

UNDER 18s

OVER 18s



FULL CONTACT
permitted for up
to 15 people
outdoors



NO travel
restrictions



15:1
Coach/
athlete
ratio



NO
spectators



ORGANISED
OUTDOOR
non-contact
training permitted



EQUIPMENT TRAINING
permitted outdoors in
training bubbles of up to six
from different households



NO travel
restrictions



Must adhere to
SOCIAL DISTANCING
when not participating
i.e. during breaks



RULE OF SIX
when socially
interacting before and
after the session



Adhere to
HYGIENE RULES
before and after
the session



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SOCIAL DISTANCING
when not participating
i.e. during breaks



RULE OF SIX
when socially
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Adhere to
HYGIENE
RULES
before and
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session

STEP
ONE
(B)