## RETURN TO PLAY ROADMAP

## 8th March 2021

Step One **(A)** 

## No judo activity

**29th** March 2021

No earlier than 12th **April 2021** 

Step One **(B)** 

Step Two

- Outdoor exercise only, - U18s: Organised outdoor contact sport - Over 18s: Organised outdoor non-contact sport - Disability Permitted indoor and outdoor, exempt from restrictions - Minimise travel, however, travel for sport and exercise is permitted

**Organised indoor** judo for children and young people restrictions (TBC).



No earlier than 17th **May 2021** 

No earlier than 21st **June 2021** 

No earlier than 31st **July 2021** 

Step Three Step Four

Step Five

**Organised indoor** adult judo, with social distancing restrictions -(restrictions TBC).

Full contact judo, no legal limits on life events.

Recommended start of coaching, technical education courses and competition programmes

UNITED

All dates are provisional and subject to change



