

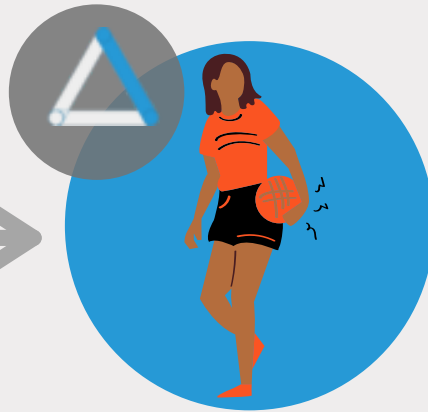
# The Transition Phase

## Athletes Journey



### Career Preparation

- Understand dual-careering and career transition
- CV creation and review
- Interview preparation and practice



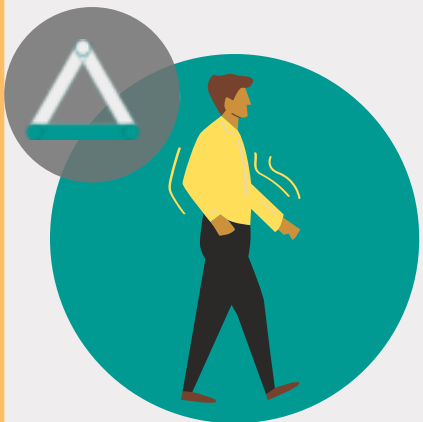
### Transferable Skills

- Learn how to utilise your strengths from sport
- Recognise what skills employers look for and how valuable you can be to them



### Exploring the Job Market

- Understand the job market
- Personality tests to give insight to suitable careers
- Exploring your career options



### Job Opportunities

- Find jobs and opportunities with our clients
- Support and application for interviews and assessments



### Transition Readiness

- Providing mental/emotional support after leaving sport
- Ensuring a smooth transition into a new role
- Identify career coach/mentor



### Support

- Support from a mentor who successfully transitioned
- Access to resources to help you develop your career
- Continuous support from TTP team with your career and wellbeing