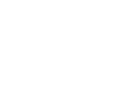
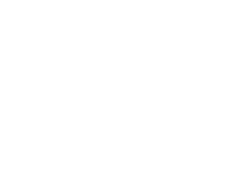
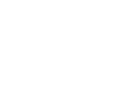
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A Safe Return To Judo - Risk Assessment Templates

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Description** | **Hazard** | **Control Measures** | **in Place** | **Initials** | **Initials** |
| **Indoor/Premises** | * Access to the Building * Registration/Signing in/Tracking all people in attendance * Spread of Infection * Judo Mats * Changing Rooms/Toilets | * Set procedures in place to minimise social contact. * Signage in place to explain processes. * Players/parents sent guidance/procedures sheet prior to session. * Ensure every person who enters the building has registered/Signed in, to enable tracking of the virus if anyone attending tests positive. * All those in attendance must thoroughly wash hands/use sanitizer, as per government guidelines on arrival. * Mats to be laid by designated centre staff/volunteers who are aware of safe manual handling and kinetic lifting techniques and wearing recommended PPE, disposed of in a provided pedal bin. * Ensure mats are thoroughly cleaned prior to starting the session with Government recommended products, allowing for enough time for them to completely dry. * An inspection is carried out to ensure the mats are completely dry and there an no gaps or signs of damage. * Ensure mats are again cleaned prior to packing them away * Mats to be picked up by designated staff/volunteers who are aware of manual handling and kinetic lifting techniques and wearing recommended PPE. * Ensure all members, parents and spectators are aware of the social distancing protocol/guidance, using Toilets and Changing rooms in advance of the session. * Encourage participants to arrive already changed and avoid changing rooms if possible. * Ensure signage is in place to enforce these measures. |  |  |  |
| **Outdoor Training** | * Surfaces & Equipment (Doors/Tables/Chairs/ Coaching Props)   •   * Inclement or adverse weather conditions * Social Distancing * Playing surface | * Ensure all Doors/Handles/Tables/Chairs & any equipment used are thorough cleaned before and after every session. * A decision will be made by organiser if weather conditions are prohibitive to the safe- ty of the participants or the structure of the equipment. * Ensure all participants can adhere to the government guidelines for social distancing throughout all of the session. * Ensure the activity is appropriate for the playing surface, adapted to ensure safety throughout, no throwing unless using a dummy/prop. * Non-contact throughout unless from same household. * Inspect area and clear of any potential hazards |  |  |  |
| **Mats** | * Mat * Mats can separate. Care will be needed to make sure any gaps are closed | * 1m x 1m/2m x 1m mats will be used, coverage; 3m x 3m per junior participant (U12). 4m x 4m per senior (12+) participant. Clearly mark out individual mat areas or make sepa- rate areas of a larger mat area with tape or different coloured mats. * Mats comply to standards\* * There may be a need occasionally to temporarily halt activity and push any displaced mats back into position |  |  |  |



A Safe Return To Judo - Risk Assessment Templates

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| --- | --- | --- | --- | --- | --- |
| **Description** | **Hazard** | **Control Measures** | **in Place** | **Initials** | **Initials** |
| **First Aid**  **General Injuries** | * Fully stocked and available First aid kit * Non-threatening injuries * Accidents requiring further treatment | * Required to treat minor injuries, abrasions * Cleaned and replenished after every use. * Coaches are first aid trained * A designated First Aider will always be on site. * First Aid incidents will be recorded |  |  |  |
| **Controlled Session / Adapted Activity** | * Injuries to Athletes * Spread of Infection | * A warmup and cool down will be conducted for the session. Keeping within the individual/sectioned off mat areas. * All participants are covered for taster sessions as part of club’s Public liability insurance * Non-contact / Use of Throwing Dummies/Props, unless from same household. * Judo training will only take place under the direct supervision of a qualified BJA or UKCC level 2 Coaches, who are also trained in first aid, have undergone safeguarding young people and vulnerable adults training and have a clear DBS check. * Online Coaching - Qualified Coach – With a parent present and aware of session outcomes. * The demonstration of technique and Judo activity will only be carried out by qualified   and insured judoka and in line with the mat area size and conditions. |  |  |  |
| **Safeguarding** |  | * BJA Safeguarding policy will be adhered to throughout all club activities. * All Coaches and Volunteers hold a clear and current DBS and valid coaching qualification. |  |  |  |

|  |  |
| --- | --- |
| **Head Coach/Club Official Signature:** |  |
| **Date:** |  |

**A picture containing drawing

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