



Patrons: Sir Chris Bonington CBE
Marc Woods 5 x Paralympian

www.climbingout.org.uk

Registered Charity 1145023

Programme Dates 2020:

Prog 1 - April 15th-19th - 16-30yr old. Peak District

June 1st-7th - Wilderness Canoeing Expedition in Sweden. A Level two programme for young people who've been through a 5 day programme. The aim of the programme is to increase the levels of progression, development, responsibility and challenge

Prog 2 - June 22nd-26th - Walking and Climbing programme in North Wales for 18-30yrs. Higher levels of physical challenge involved

Prog 3 - 6th-10th July: North Wales Walking and Climbing Programme Over 30's

Prog 4 - July 27th-31st – Peak District (For those with higher level of physical challenge including wheelchair users)

Prog 5 - August 10th-14th - Walking and Climbing programme in North Wales. (18-30yrs)

Sept 12/13th – Fundraising Hike: North Wales

Prog 6 - Sept 24th-29th - Level two walking and Climbing Programme in Scotland. For people who've been through a 5 day programme. The aim of the programme is to increase the levels of progression, development, responsibility and challenge. (18yrs and over)

Prog 7 - Oct 19th-23rd – Lake District Walking and Climbing Programme.. Elterwater Hostel, Cumbria. Provisionally Emergency Services programme

Prog 8 - Nov 20th-24th - Peak District. Over 30's

Dec 12/13th – Climbing Out Club Christmas Social