

UKCC LEVEL 4/5- MSc ADVANCED SPORT COACHING PRACTICE

AWARD AND COURSE TITLE	MSc Advanced Sport Coaching Practice
INTERMEDIATE AWARDS	Post Graduate Diploma Advanced Sport Coaching Practice

BJA Level 3 coaches (or coaches with relevant experience) who are committed to their personal development and the development of their players may apply for a place on our next MSc Advanced Sports Coaching Practice commencing September 2019. This course is open to judo coaches who are currently working with players on the performance pathway, club coaches or players with coaching aspirations.

The course, delivered by Sheffield Hallam University, is focused on developing your coaching performance and is context specific. Although this course is primarily aimed at British Judo coaches, coaches from other countries and coaches other sports are welcome to apply.

Quality coaches are an important factor in any sporting organisation, especially around planning, player development and competitive preparation for success. They are often under increased pressure from their organisation and partnerships as they move up the coaching ladder.

The Master in Sports Coaching (see pathway below) which will lead to the BJA UKCC Level 4/5 Award (for BJA coaches) will equip coaches with the necessary tools to deal with these pressures, achieve at the highest level within their area and provide the innovation to move the organisation forward.

Coupled with mentoring support, the course will also provide the most up to date information in performance coaching, applied coaching research (e.g. Psychology, coach athlete relationships long term athlete development, planning, nutrition and weight management) and access to in-house experts in many sports disciplines.

The course programme is delivered part time over a two-year period and is modular based and taught in blocks of study

Post Graduate Diploma (UKCC L4/BJA Level 4)

- You study 4 modules over two years

Masters Degree (BJA Level 5)

- You study 4 modules and research project over 2 years

PROGRAMME AIMS

This programme aims are:

- To develop your knowledge of the theories, concepts and principles which underpin and inform sports coaching practice.
- To critically evaluate a range of theoretical perspectives and apply them to your sport coaching practice in order to shape and inform your professional decision making and facilitate collaborative working within and across professional boundaries.
- To develop your ability to undertake independent autonomous research in the context of performance coaching;
- To build upon your existing knowledge, skills and understanding of performance coaching and evidence your progress in meeting the standards of the BJA UK Coaching Certificate Level 4.
- To facilitate your development as a critically reflective practitioner who is able to reflect on your own practice and lead and influence the practice of others in the wider coaching profession.

PROGRAMME LEARNING OUTCOMES

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Knowledge and understanding covered within the Programme. By the end of the programme you will be able to:

- critically engage with the disciplines of coaching and as they relate to the development of advanced coaching practice
- synthesise and critically appraise your knowledge, skills and understanding of concepts and processes of advanced coaching practice as they are applied to a wide variety of coaching environments
- critique a range of coaching theories based on research and professional practice
- critically evaluate and undertake original research in a variety of coaching contexts, with specialist relevance to advanced coaching practice

Intellectual/Subject/Professional/Key skills covered within the Programme. By the end of the programme you will be able to

- engage with and reflect on your professional coaching practice taking responsibility for independence and autonomy in your learning and practice
- effectively communicate information and ideas in written, verbal and audio formats appropriate to different audiences
- use a wide range of interpersonal and problem solving skills that are appropriate for a career in performance coaching
- select, use and evaluate technology-enhanced learning applications and strategies, which are appropriate for a variety of purposes and tasks
- develop and manage an independent research or applied project with an agreed timescale

Core Modules

Advanced Professional Coaching Practice	(30Credits)
Applied Psychology of Performance Coaching	(30 Credits)
Applied Performance Analysis and Skill Acquisition	(30 Credits)
Contemporary issues in coaching	(30 Credits)
Project	(60 Credits)

COURSE DATES (TBC) AND COST: 2019/2020

Year 1:

- Induction – 17 &18 September 2019
Teaching in two/3day blocks in October, December, January, March, May and June
- 90 credits of study

Year 2:

- Teaching in two/3day blocks in October, December, January, March, May and June
- 90 credits of study

Cost:

UK fees £3600 per year based on two year course

Total fee £7200

Tuition fee for UK/EU students starting full-time study in 2019/20 is £7,200 for the course. For part time study the fee will be calculated pro-rata each year based on the number of credits studied (£600 for 15 credits or £1,200 for 30 credits).

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PG student loans are now available to part time students

RECRUITMENT AND SELECTION PROCESS

Entry Requirements:

- We designed this course to continue specialist studies at master's level for students who already possess a degree in any subject. You may also have an appropriate combination of other subject specific qualifications and/or relevant practical experience.
- Normally you need the following
 - a degree a level lower than first degree coupled with relevant practical experience
 - a proven track record I in coaching judo

The course leader interviews applicants with non-standard qualifications.

Sports Specific:

- Open to coaches 21 years old or above on the course start date
- 1st Dan or above
- Normally you will require to be a NGB BJA Level 3 Coach Award
- Coaches must hold a current British Judo Association Membership (should be kept in date)
- Coaches are required to have a minimum 3 years' experience of coaching.

Application Form and Judo CV:

Forward your completed official Sheffield Hallam University application form
<http://www.shu.ac.uk/study/form>

to:

Joyce Heron
 Deputy Sport Director
 British Judo Association
 Floor 2
 Kudhail House
 238 Birmingham Road
 Great Barr
 Birmingham Loughborough B43 7AH

Email: joyce.heron@britishjudo.org.uk
 Mobile: 07967 773813

Applications direct to British Judo Association by **Friday 7 June 2019**
 Successful applications will be informed by email

For any further information or questions, you can contact Joyce Heron at the above address.