

## GB SENIOR PROGRAMME

As a member of the GB Senior Squad, along with your GB Squad kit and the cost of your IJF ID Card being covered, you will be invited and expected to attend GB Squad training at the British Judo Centre of Excellence as follows:

### GB Squad Sessions

All 2018 GB Senior Squad athletes will be invited to attend ONST as follows:

- 26 – 28 Jan ONST 1
- 13 – 15 Apr ONST 2
- 22 – 24 Jun ONST 3
- 28 – 30 Sep ONST 4

## GB WCPP PERFORMANCE PROGRAMME

Over the last four years, the British Judo Centre of Excellence has been established as the National Training Centre for the WCPP with the centralisation of athletes and resource in readiness to move to a full-time centralised programme for all WCPP athletes in the Tokyo Cycle.

In the Tokyo Cycle, we will have **ONE GB Performance System**, but TWO pathways – the WCPP and the GB Squad Self-Fund Pathway in alignment to our Tokyo Strategy and Vision and Mission as follows:

Our Vision > ***‘Create medal-winning athletes at every Olympic and Paralympic games.’***

Our Mission > ***‘Delivering British Judo’s World Class Performance Programme aligned to ‘What It Takes To Win.’***

UK Sport have set our Olympic and Paralympic medal targets as follows:

- OLYMPIC 1 – 2 Medals
- PARALYMPIC 1 – 2 Medals

### World Class Performance Programme

All athletes on the WCPP and Academy programme, will be based fulltime at the British Judo Centre of Excellence and be prioritised for allocated places for IJF World Ranking Events, Junior European Cups and Training Camps that will be planned into their Individual Athlete Plan (IAP) in alignment to their agreed identified Technical, PCDE (Psychological Characteristics for Developing Excellence) and Performance Goals.

### GB Squad Programme

All athletes on the GB Senior and Junior Squad will have the option to fully self-fund their programmes (competition and training camps) in order to achieve the selection criteria for the Senior European and World Championships and potentially qualify for the Tokyo Olympic Games. The minimum expectation of all GB Senior and Junior Squad athletes will be that they must attend ONST and where applicable, when invited to preparation camps, in order to be able to self-fund to IJF World Ranking Events or to be selected for European and World Championships or Olympic Games.

**Self-Funding**

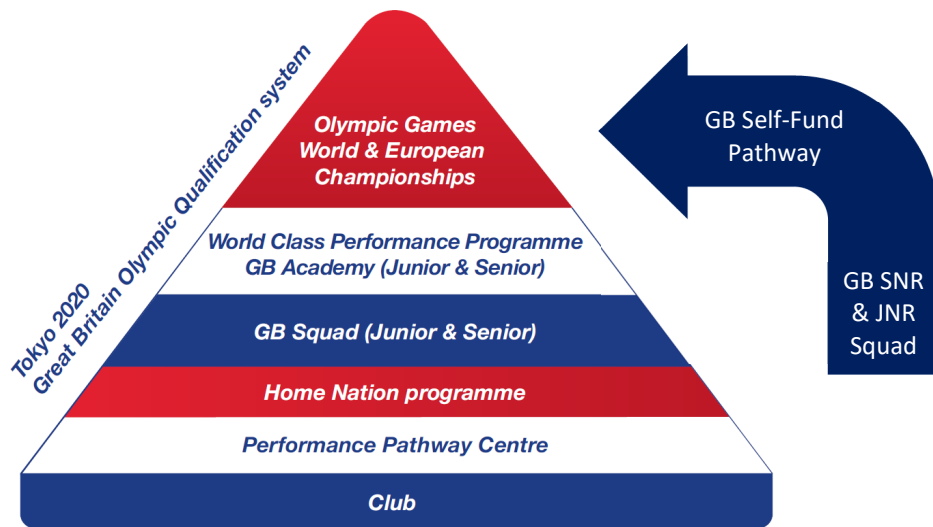
All Junior and Senior athletes who are members of the GB Junior or Senior squad have the option to self-fund to Junior European Cups and IJF WR Events.

See 2017 – 2020 WCPP IJF World Ranking Events Self-Fund Criteria.

**2017 – 2020 Self-Fund Matrix**

Programme Level	IJF Grand Slams	IJF Grand Prix Events	IJF Continental Opens	SNR European Cups	JNR European Cups
WCPP	YES	YES	YES	YES	YES
Academy Programme	x	x	YES	YES	YES
GB Senior Squad	WR Top 25	YES	YES	YES	n/a
GB Junior Squad	x	x	YES	YES	YES
HN Programme	x	x	x	YES	YES

**GB Judo WCPP Pathway**



Athletes on the WCPP will be reviewed annually in November of each year. During the course of the year, all athletes on the GB Squad will be tracked on their performances in IJF WR Events and EJU Junior European Cups and may be considered for a place on the WCPP or Academy programme.

At any time of the year, a GB Squad athlete can move onto the WCPP should they be offered and accept a place on the programme.

**Senior European and World Championships**

The GB WCPP will select a team for the European and World Championships against the published selection policy. All selected athletes - WCPP and GB Squad athletes will be selected against the selection criteria. British Judo will cover ALL travel and associated costs for the European and World Championships and will travel as ONE team under the WCPP.

All selected athletes for the European and World Championships will be expected to follow the WCPP preparation programme as a condition of selection.

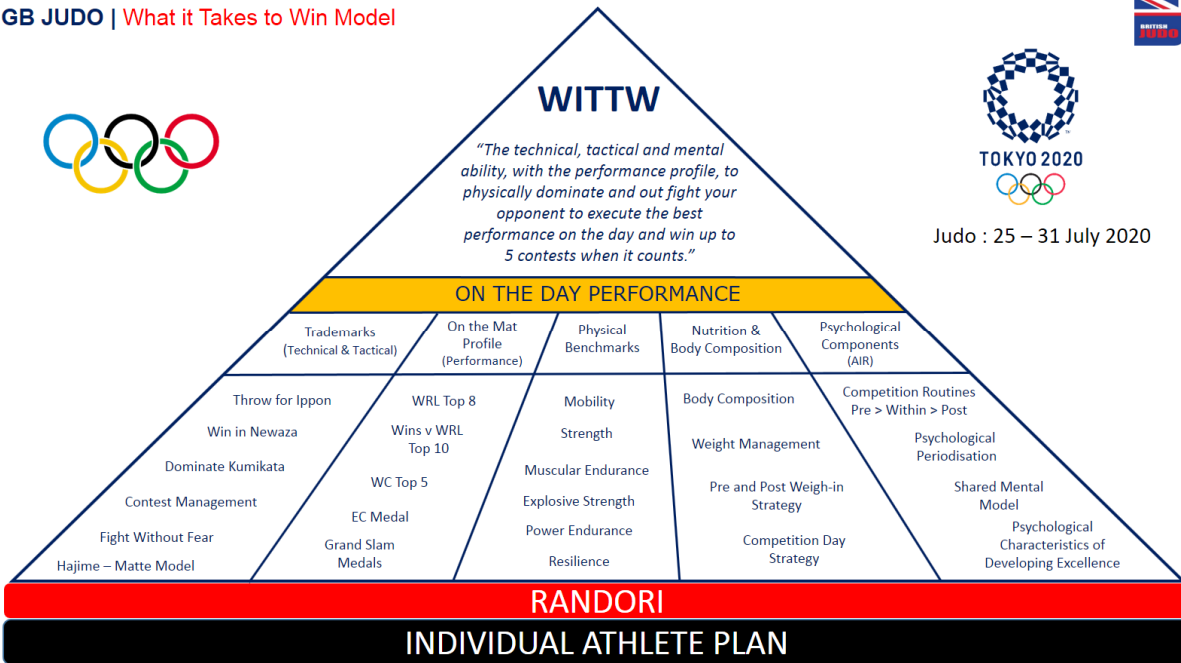
Athletes selected for the European and World Championships will be coached by the WCPP Coaching Team.

**What It Takes to Win Model (WITTW)**

As part of the UK Sport Tokyo submission, all sports had to develop and submit an evidence based WITTW Model.

The GB Judo WCPP WITTW model is aimed at developing and preparing athletes who can ultimately perform on the day and deliver their best performance at the Tokyo and Paris Olympic Games.

**GB JUDO | What it Takes to Win Model**



The primary focus of our WITTW model is our Global Randori programme underpinned by an athlete IAP that is aligned to 5 key components to ultimately prepare the athlete to deliver their best performance on the day.

The WITTW model will form the basis of our Strategy in the Tokyo cycle.

# OUR PARTNERS

