BRITISH JUDO ASSOCIATION UKCC LEVEL 3 IN COACHING JUDO



Please read the following carefully before submitting an application.

Closing date for applications is Wednesday 2nd May 2018.

Applications are invited from coaches who wish to study for British Judo's UKCC Level 3 in Coaching Judo which has been developed within UK Coaching Certificate criteria.

It is important that prior to applying for this course that you consider the information below to assess your competence and confidence in all areas.

In the past, it has been a natural progression for coaches to go from Level 2 to Level 3 but, as the demands of Level 3 are of a much higher standard, this is no longer the case. Whilst the BJA Level 1 and Level 2 coaching qualifications are designed to assist coaches reach the required standard to enable them to coach in a club setting, the Level 3 qualification is designed to take the coach to a higher level, testing their ability to manage programmes and personnel. The emphasis is on advanced coaching skills and studying for this award will demand a significant commitment from the coaches who are selected to participate.

The programme focuses on a holistic approach that will explore the competitive, technical, tactical, physical and psychological as they apply to the lifestyle needs of the judoka. We are looking for coaches with several years' experience who coach on a regular basis who have an appetite for learning and a desire for self-improvement.

Preparation Course Details

Venue	Block 1- 4 Dates	Times	Course Cost
St Albans Judo Club	2 – 3 June 2018	9.00am – 5.30pm (approx. both days)	£500.00
Batchwood Golf and Sports Centre	18 – 19 August 2018		
Batchwood Drive	6 – 7 October 2018		
St Albans	17 – 18 November 2018		
Hertfordshire			
AL3 5XA			

Course Descriptor

On successful completion of UKCC Level 3 coaches should be able to:

- analyse participants' current and potential needs and aspirations
- plan an annual coaching programme according to agreed goals
- manage a safe and effective coaching programme using a range of coaching styles and interventions to meet participants' needs
- coach techniques and tactical concepts of judo
- demonstrate an understanding of the principles of judo and its rules

BRITISH JUDO ASSOCIATION UKCC - Level 3 IN COACHING PERFORMANCE JUDO



The course consists of four two-day blocks, which are delivered face to face on course, and home study between the blocks. During the course a variety of activities will be conducted, these are either practical or classroom based.

Assessment is competency based, allowing for continuous assessment during the course. During blocks 2 - 4 there will be an opportunity to receive support and action planning from course tutors.

There will be two practical assessments as part of the course:

- Internal practical assessment will take place in block 4.
- Independent assessment will take place in coach's club when they are ready to be assessed (this must be within 3 years of course start).

Minimum Requirements

All candidates must:

- be at least 20 years of age
- hold a minimum of grade 1st Dan
- must hold a current BJA Level 2 or BJA Level 3 Coach Award (non BJA members must hold a UKCC Level 2 Award)

All applications must include the following:

- 1. Complete Registration Form (coaches should apply using the form on the BJA website)
- 2. Full coaching CV which must include:
 - details of playing experience
 - coaching experience and responsibilities
 - relevant courses attended
 - evidence of the standard of players currently coaching
- 3. Closing date for applications: Wednesday 2nd May 2018

Please send **CV**, **Registration Form** and **Fee** of £500.00 (cheques made payable to British Judo Association) to:

Nicola Burlingham-Hall
Coaching & Safeguarding Co-ordinator
British Judo Association
Suite B
Loughborough Technology Park
Epinal Way
Loughborough
Leicestershire
LE11 3GE

All applicants will be informed if their application has been successful by Wednesday 9th May 2018.